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| Classes | Cycle | Aut 1 | Aut 2 | Spr 1 | Spr 2 | Sum 1 | Sum 2 |
| Reception | Cycle B | Gymnastics Unit 1 | Ball skills Unit 1 | Games Unit 1 | Dance Unit 1 | Ball skills Unit 2 | Fundamentals Unit 1 |
| Year 1 | Cycle B | Gymnastics | Ball skills | Invasion Games | Dance Y1 | Striking and fielding games | Athletics |
| Year 2/ Year 3 | Cycle A | Invasion Games (Y2) | Fundamentals Y3 | Net and Wall Games (Y2) | Fitness (Y2) | Striking and fielding games (Y2) | Rounders (Y3) |
| Cycle B | Fundamentals Y2 | Tag Rugby | Gymnastics Y3 | Ball skills | Cricket | Athletics (Y3) |
| Year 4/ Year 5/ Year 6 | Cycle A | Hockey Y5 | Dance (Y6) | Fitness (Y5) | Handball (Y5) | Ball Skills (Y6) | Cricket (Y5) |
| Cycle B | Gymnastics Y5 | Ball Skills (Y5) | Dance (Y5) | Football | Rounders | Athletics |